# Health & Wellness

**Career Information Session** 



# **Spotlight on:**



# Kinesiology/ Physical Education



# **Degrees and Certificates**

### **Degrees and Certificates**

**Associate In Arts for Transfer - Kinesiology** 



### **Academic Planning**

For information on the program, assistance creating your educational plan, or exploring transfer preparation visit the SMC Counseling Center at: <a href="http://www.smc.edu/StudentServices/Counseling/Pages/Contact-Hours.aspx">http://www.smc.edu/StudentServices/Counseling/Pages/Contact-Hours.aspx</a>

Once on the web page, you can make an appointment or see a counselor on a drop-in basis by clicking on:

- the General Counseling & Transfer Services link or;
- the link to any special programs that you are a member of



# **Potential Career Options**

Job Title	Typical Education	Average Wage
Fitness and Wellness Coordinators	Bachelor's Degree	\$98,510
Biostatisticians	Master's or Doctoral degree	\$107,360
Exercise Physiologists	Master's Degree	\$69,500
Secondary School Teachers, Except Special and Career/Technical Education	Bachelor's Degree	\$87,120
Athletic Trainers	Master's Degree	\$56,520
Fitness Trainers and Aerobics Instructors	Post Secondary Certificate	\$47,990

<sup>\*</sup>Salary data (for California) taken from Onetonline.org 7/2020



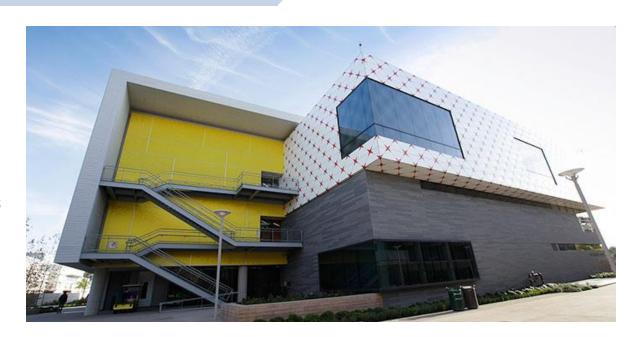
# **More Career Options**

Job Title	Typical Education	Average Wage
Physical Therapist	Doctoral Degree	\$100,860
Occupational Therapist	Master's Degree	\$99,310



### **Core Performance Center:**

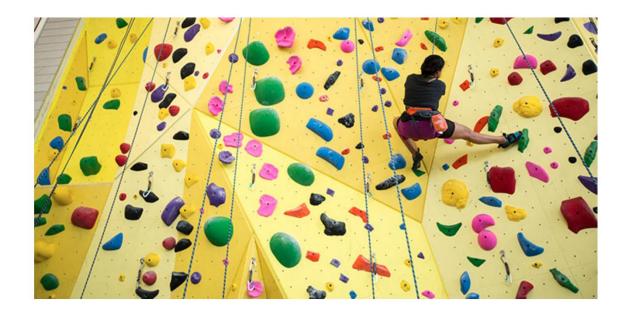
- Dance & Exercise Studios
- Fully equipped fitness center
- Showers and dressing rooms
- For students enrolled in Kinesiology and Athletics courses





### **Core Performance Center:**

- Indoor rock-climbing wall
- For students enrolled in Rock Climbing classes





### **Corsair Field and Morrison Track:**

- Synthetic turf field
- Synthetic surface track





### **Swim Center:**

- 2 heated pools:
  - 50-meter Olympic sizeFitness Pool with 1 meterand 3 meter diving boards
  - 25-meter Splash Pool





# **Corsair Gym:**

- Home to indoor sports
- Weight room





### **Volunteering and Community Involvement**

### Gain experience:

Volunteer or work at organizations related to health, exercise, sports, and fitness, such as:

- Hospitals
- Physical Therapy and Occupational Therapy clinics
- Los Angeles Department of Recreation and Parks
- After school programs
- Summer Camps

Find listings for job and volunteer opportunities on HireSMC <a href="https://www.smc.edu/hiresmc">https://www.smc.edu/hiresmc</a>



## **Campus Resources**

### Kinesiology Department:

http://www.smc.edu/AcademicPrograms/KAD/Pages/default.aspx

### Career Services:

Website: <a href="http://smc.edu/CareerCenter">http://smc.edu/CareerCenter</a>

▶ Email: careerservices@smc.edu

▶ Phone: 310-434-4337

# **Athletic Coaching**



# **Degrees and Certificates**

### **Degrees and Certificates**

Associate in Science Degree-Athletic Coaching

Certificate of Achievement – Athletic Coaching



# **Program Highlights**

### Choose an area of specialization

- Personal Trainer Preparation
- Coaching of Racquet Sports
- Coaching of Track and Field
- Coaching of Football
- Coaching of Baseball
- Coaching of Soccer
- Coaching of Basketball
- Coaching of Volleyball



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# **Potential Career Options**

Job Title	Typical Education	Median Wage
Elementary School Teachers, Except Special Education	Bachelor's Degree	\$83,360
Middle School Teachers, Except Special and Career/Technical Education	Bachelor's degree	\$80,130
Secondary School Teachers, Except Special and Career/Technical Education	Bachelor's Degree	\$87,120
Adapted Physical Education Specialists	Bachelor's Degree	\$62,980
Coaches and Scouts	Bachelor's Degree	\$39,910
Fitness Trainers and Aerobics Instructors	Post Secondary Certificate	\$47,990

<sup>\*</sup>Salary data (for California) taken from Onetonline.org 7/2020



# **Program Highlights:**

### **SMC Athletics:**

https://www.smccorsairs.com

### **Men's Sports**

- Basketball
- Cross Country
- Football
- Soccer
- Swimming & Diving
- Track & Field
- Volleyball
- Water Polo

### **Women's Sports**

- Basketball
- Beach Volleyball
- Cross Country
- Soccer
- Softball
- Swimming & Diving
- Tennis
- Track & Field
- Volleyball
- Water Polo



## **Volunteering and Community Involvement**

#### **Gain experience:**

Volunteer or work at organizations related to exercise, sports, and fitness, such as:

- AYSO or similar youth sports organization
- Los Angeles Department of Recreation and Parks
- After school programs
- Summer Camps
- High Schools

Find listings for job and volunteer opportunities on HireSMC https://www.smc.edu/hiresmc



## Clubs

### •CLUBS: <a href="http://www.smc.edu/icc">http://www.smc.edu/icc</a>

See the clubs available at Santa Monica College and/or learn how to start your own club!



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# Don't forget to explore the additional videos about Programs and Careers in Health and Wellness:

Office Technology/
 Medical Office Administration

- Rehabilitation Aide- Noncredit
- Gerontology- Noncredit

Nutrition and Dietetics

- Nursing
- Respiratory Therapy